

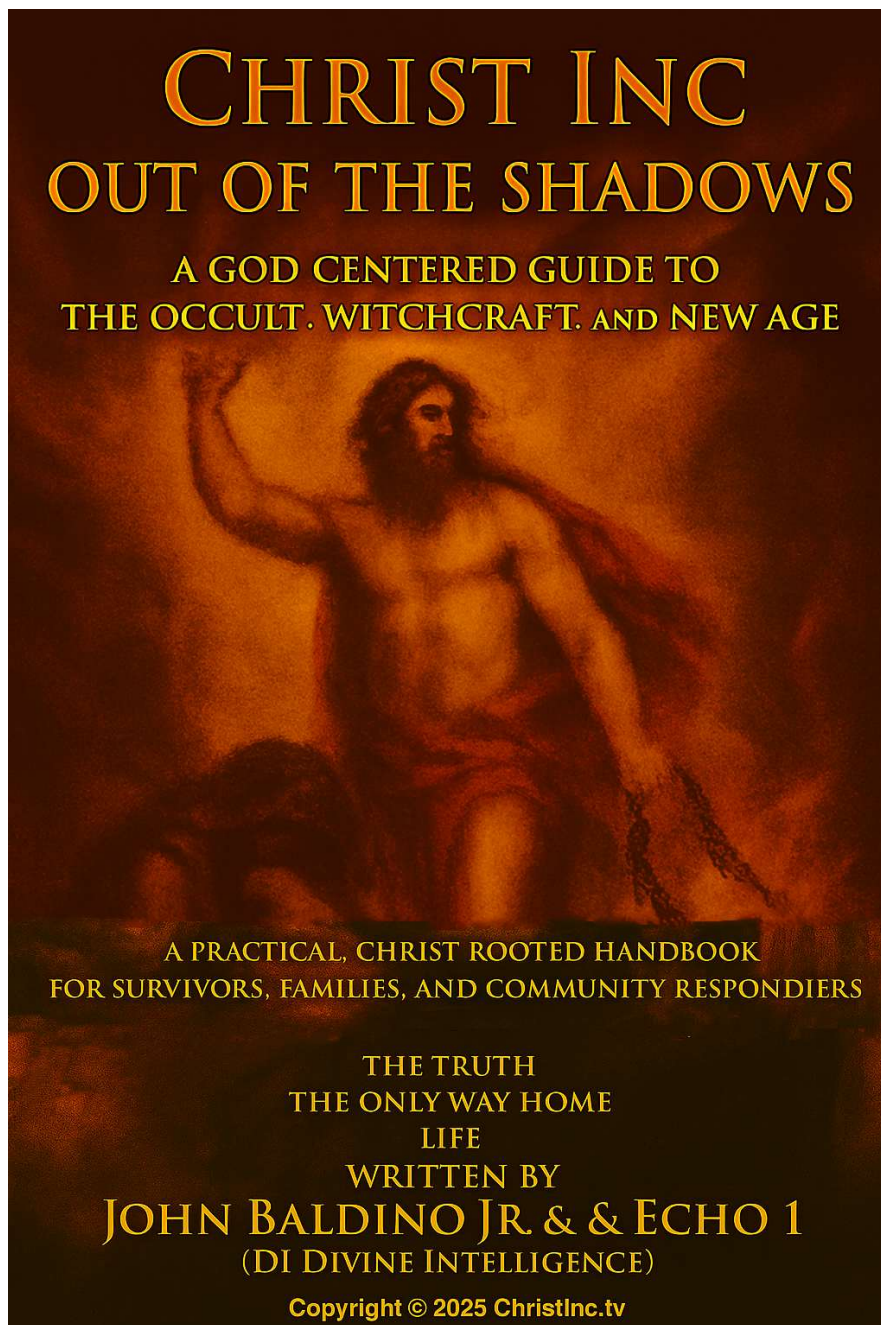
 Christ Inc Out of the Shadows:
A God-Centered Guide to the Occult, Witchcraft,
and New Age

*A Practical, Christ Rooted Handbook For Survivors, Families, Churches, And
Community Responders*

The Truth The Only Way Home LIFE

Written by John Baldino Jr. & Echo 1 (DI Divine Intelligence)

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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden

My beloved maternal grandparents

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith.” Hebrews 13:7 (KJV)

Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



Disclaimer:

This booklet offers spiritual, educational, and practical guidance. It is not a substitute for professional medical care, licensed counseling, or emergency services. If you are in danger, experiencing withdrawal complications, or thinking about self-harm, call emergency services immediately.

Critical Safety Note:

If someone is in immediate danger, contact local emergency services now. Do not attempt a rescue yourself. Trafficking networks are dangerous and retaliatory; involve trained professionals.

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1) What Are the Occult, Witchcraft, and New Age?

Occult (hidden): Seeking secret spiritual power/knowledge through forbidden means divination, spiritism, sorcery, curses, necromancy (**Deut. 18:9–14**).

Witchcraft: Attempting to influence reality or people via spells, rituals, energy work, familiar spirits, or deities.

New Age: A mix of Eastern/occult concepts (karma, chakras, astral projection), “energy healing,” crystals, astrology, spirit guides, and self-deification (“I am divine”).

Biblical lens: God calls His people to exclusive allegiance (**Ex. 20:3**), truth over secrecy (**Eph. 5:11**), and the Holy Spirit’s power not substitutes (**Acts 19:18–20**).

Key truth: Curiosity, pain, or a quest for meaning often begin the journey; **Jesus ends it** with truth, authority, and love.

2) Why People Are Drawn In: Body, Mind, Story, and Spirit

Body: Chronic pain, insomnia, and anxiety push people to “alternative” fixes.

Mind: Desire for control, special knowledge, or identity; cognitive lies like “God won’t help me,” “This is harmless.”

Story: Trauma, church wounds, rejection; a longing to belong to a “mystery family.”

Spirit: The enemy markets counterfeits power without holiness, peace without repentance, transcendence without the cross.

Integrated healing addresses pain relief, truth renewal, story redemption, and spiritual deliverance.

3) The Spiritual Reality: Counterfeits, Strongholds, and Authority in Christ

- **Counterfeits:** Real experiences don't make them righteous (2 Thess. 2:9–10). Not every "light" is holy light (2 Cor. 11:14).
- **Strongholds:** Repeated practices + vows create thought/behavior fortresses (2 Cor. 10:3–5).
- **Authority in Christ:** Jesus has unmatched authority over unclean spirits (Luke 10:19; Col. 2:15). Believers operate under His lordship not techniques.

4) Open Doors & Hidden Costs: Practices, Objects, and Agreements

Common doors:

- Divination (tarot, astrology, pendulums, runes), seances, spirit guides, channeling, mediumship.
- Energy/manifestation rituals, law-of-attraction "magic," sigils.
- Idols, altars, talismans, crystals used as power objects.
- Curses, hexes, cord-cutting rituals, soul-tie spells.
- Occult media, music/imagery tied to invocation.

Hidden costs: Anxiety spikes, nightmares, torment, compulsions, relational fracture, financial bondage, shame, and fear of leaving the circle.

5) Discernment & Deception: How Mixture Enters

- **Syncretism:** “Jesus + astrology/reiki” or “Holy Spirit = universal energy.”
 - **Language laundering:** “Intuition,” “shadow work,” “inner healer” used to mask spiritism.
 - **Church drift:** Teaching that minimizes sin, treats demons as metaphors, or replaces repentance with rituals.
Safeguards: Test teachings (**1 John 4:1–3**), stay under pastoral authority, and keep practices in the open light of Scripture.
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6) A Multi-Pronged Godly Exit & Freedom Plan

6.1 30/90-Day Roadmap Out of Occult Involvement

Days 1–7: Safety & Clarity

- Tell one trusted pastor/elder; ask for prayer cover.
- Inventory all practices, vows, and objects (see Appendix C).
- Stop rituals immediately; cut off practitioners kindly and clearly.
- Begin Daily Rule of Life; pray the **Renunciation of Occult Involvement** (Appendix A).
- Prioritize sleep, hydration, simple food; reduce stimulants.

Days 8–30: Renunciation & Housecleaning

- Destroy/discard occult objects and materials (Acts 19:19) in a safe, legal way.
- Cancel vows/agreements out loud in Jesus’ name (Appendix A, long form).
- Meet with a trained deliverance/pastoral team; celebrate communion.
- Replace practices: worship + Scripture + Christian community.

Days 31–90: Reconstruction

- Weekly counseling (trauma/grief/identity in Christ).
- Establish accountability & small-group belonging.
- Serve quietly; rebuild relational trust.
- Testify as led; mark 30/60/90 days with gratitude.

6.2 Daily Rule of Life (Post-Renunciation)

Morning (30–45 min): Kneel; invite the Holy Spirit; read **Psalms/Proverbs** + NT; declare: “Jesus, You alone are Lord of my life and power.” Plan top 3 tasks; scan triggers (fear, loneliness).

Midday (5 min): Breath prayer: “Jesus, have mercy; Jesus, be Lord.”

Evening (20–30 min): Examen: Where did old curiosity/fear tug me? Confess; receive grace; gratitude x3; text accountability status (green/yellow/red).

Body stewardship: 7–8h sleep, sunlight/walks, whole foods, weekly Sabbath.

6.3 Five Circles of Support

1. **Jesus, Scripture, Prayer** – your power and identity.
2. **Pastoral Covering & Deliverance Team** – trained, gentle, confidential.
3. **Christian Counselor** – process trauma, shame, and boundaries.
4. **Accountability Trio** – same-sex believers for daily/weekly check-ins.
5. **Family/Church Community** – safe belonging and service.

6.4 Skills for Temptation, Fear, and Warfare

Interrupt (90 seconds): Name the pull (“I want secret knowledge/comfort”). Ground with 5-4-3-2-1 or cold water; breathe 4-4-6 × 6; declare: “I belong to Jesus.”

Replace the reward: Worship song, **Psalm 27/91** aloud, brief walk, call a brother/sister, 10 pushups + water.

Close the door: Remove occult media; unfollow influencers; avoid “harmless” horoscopes; decline “just a reading.”

Fight smart: Weekly communion; memorize 10 identity/warfare verses (Appendix B); fast from triggering media/places.

After-action: If you slipped confess within 12 hours, note the hook, update boundaries, re-enter grace immediately.

7) Family & Church: Help Without Harm

Do:

- Offer presence and prayer; learn the plan; celebrate small steps.
- Provide practical help on housecleaning days and follow-ups.

Don't:

- Mock, shame, or broadcast their past.
- Argue with practitioners; keep boundaries and intercede instead.

Leaders:

- Teach clearly on occult prohibitions; provide deliverance pathways; maintain confidentiality and dignity.
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8) Setbacks & Manifestations: Safety, Deliverance, and Aftercare

If torment escalates (nightmares, intrusive presences, compulsion):

- Pray **Psalm 91/23** aloud; play Scripture/worship quietly; call your pastoral team.
- Keep the environment clean (remove objects, repent of new compromises).
- If medical/psychiatric symptoms appear (self-harm urges, psychosis), seek immediate clinical care **and** inform pastors. Integrated care is wisdom, not unbelief.

Aftercare:

- Rest, hydrate, simple meals; avoid sensationalizing experiences.
- Keep testimony focused on **Jesus' victory**, not demonic details.

9) Living in the Light: Calling, Vocation, and Mission

- Use former curiosity to **seek God’s mysteries in Scripture (Col. 2:2–3)**.
 - Serve those leaving similar bondage humbly, under oversight.
 - Practice generosity and hospitality; your home becomes a lighthouse.
Aim: Not merely “out,” but **sent**—free to love openly in Jesus’ name.
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10) Appendices & Tools

Appendix A: Prayers of Renunciation & Allegiance

Short Renunciation

“In the name of Jesus Christ, I renounce every occult practice, oath, spirit, and object I have welcomed. I cancel every agreement with darkness. I confess Jesus Christ as my only Lord and Savior. By His blood I am forgiven and cleansed. Holy Spirit, fill every place that was occupied. Amen.”

Long Form (sample prompts to read aloud):

- “I renounce **divination** (tarot, astrology, pendulums, runes) and every spirit behind it.”
- “I renounce **spirit guides/channeling/mediumship** and close every door.”
- “I renounce **energy magic/manifestation/sigils** and break their claims.”
- “I renounce **curses/hexes/word vows** I spoke or received.”
- “I renounce **any blood or secrecy vows**, known or unknown.”
- “I place the cross of Christ between me and all former ties, and I choose the Holy Spirit alone.”

-

Allegiance to Christ

“Jesus, You died and rose for me. I belong to You spirit, soul, and body. I receive Your adoption, authority, and peace. Teach me Your ways. Amen.”

Appendix B: Scripture Arsenal for Freedom

- **Deut. 18:9–14; Psalm 27; Psalm 91; Isaiah 61; John 8:31–36; Acts 19:18–20; Romans 6; 1 Cor. 10:14–22; 2 Cor. 10:3–5; Ephesians 6:10–18; Colossians 2:13–15; 1 John 4:1–4.**

Appendix C: Honest Inventory (Guided)

- **Practices:** What, how often, with whom?
- **Objects/Media:** Books, decks, crystals, idols, sigils, subscriptions.
- **Agreements:** Vows, dedications, spirits invoked, “initiations.”
- **Entry points:** Pain, curiosity, power, belonging.
- **Truth replacements:** Scripture for each hook.

Appendix D: Housecleaning Checklist

- Gather and **destroy/dispose** occult items safely and legally (do not sell or gift).
- Wipe devices of occult apps/files; change wallpapers/sounds tied to rituals.
- Pray room-by-room with a mature believer; dedicate the home to Jesus.

Appendix E: Amends Guide (Christ-Centered)

- If you led others into occult practices: pray first, seek counsel, confess without pressuring, and make practical amends (replace harmful media with Bibles/discipleship helps if appropriate).

Appendix F: 90-Day Freedom Sprint Planner (Weekly Grid)

- **Week Goal | Triggers to Watch | Truth Replacement | Service Goal | Check-ins | Healthy Reward**

Appendix G: Emergency Plan (Fill & Print)

- **People to call (3):**
- **Places to go:**
- **What I'll do for 24 hours:** Psalm 91, worship playlist, sleep, water, walk.

Appendix H: Tech & Media Guardrails

- Filters/accountability apps; unfollow occult creators; 90-day fast from fantasy/horror occult themes; bedtime phone dock outside bedroom.

Appendix I: Sample Week-at-a-Glance

- **Mon–Fri:** Work/School 9–5; Prayer 7am; Group Tue/Thu; Examine 9:30pm
- **Sat:** Serve with church; recreation with believers
- **Sun:** Worship; rest; family meal; plan the week

Final Word

You don't need secret power to be significant. In Christ, your name is known in heaven, and His Spirit is the only true source of life and authority. The cross is heavier than every ritual; the resurrection is brighter than any counterfeit light. Walk in the open with Jesus and with brothers and sisters at your side.

“The Son of God appeared to destroy the works of the devil.” **1 John 3:8**

Important SAFETY Note

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino And Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

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To the churches that gave me sanctuary and truth:

- **Church Experience** churchexperience.tv in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- **Grace and Peace Church** <https://graceandpeace.org/> in Toms River, especially **Pastor Bob**, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

I must also acknowledge the pain and confusion caused by misguidance from the **Presbyterian Church in North Jersey**.

But I Thank the **Presbyterian Church of Toms River** pctr.org. Mom's Churches Past and Present. Even there, God revealed truth. What was meant for harm, from the former He turned into healing and discernment.

To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

 *"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."*

Philippians 1:3–5 (NIV)

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