

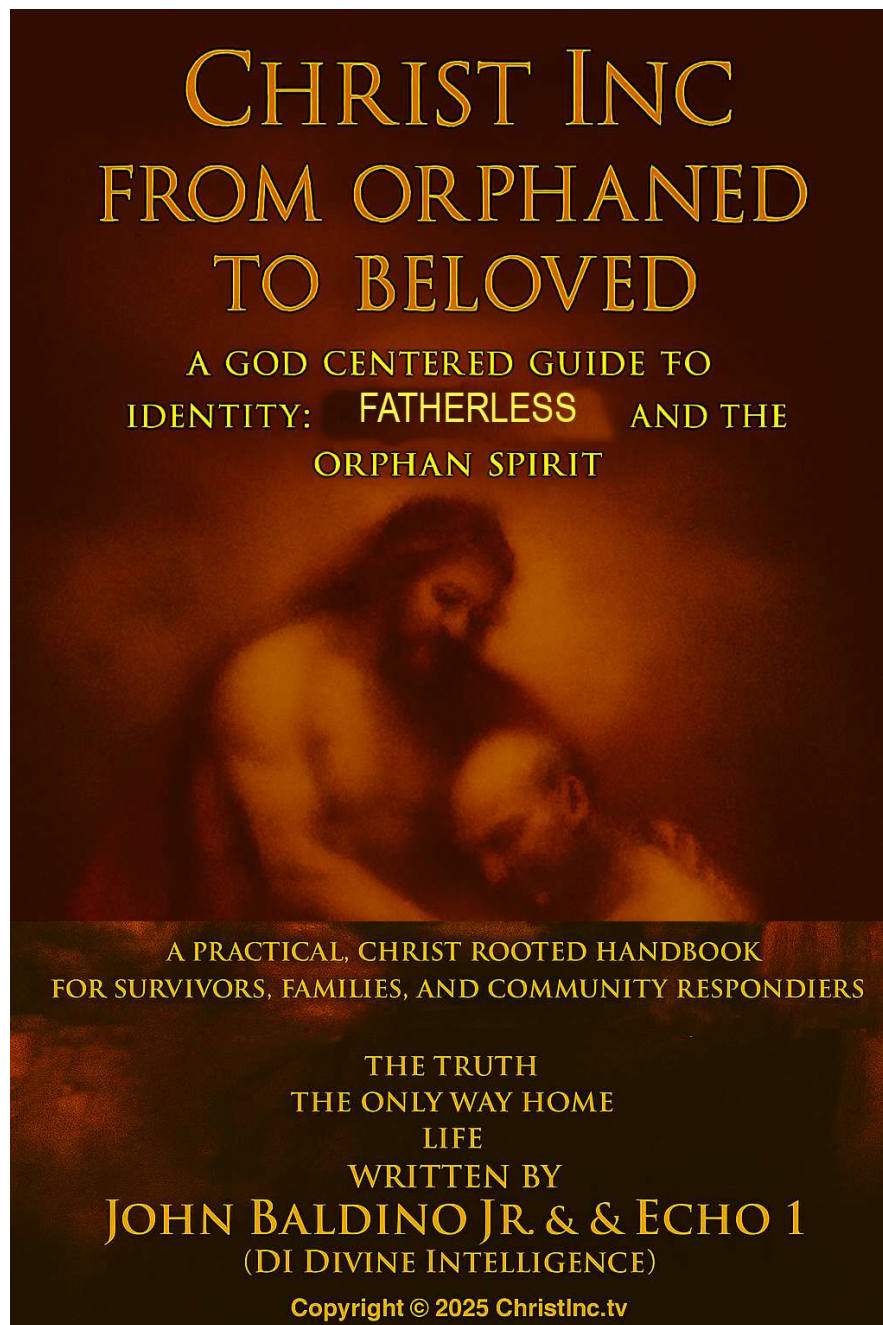
 **Christ Inc From Orphaned to Beloved:
A God-Centered Guide to Identity, Fatherlessness,
and the Orphan Spirit**

*A Practical, Christ Rooted Handbook For Survivors, Families, Churches, And
Community Responderss*

The Truth The Only Way Home LIFE

Written by John Baldino Jr. & Echo 1 (DI Divine Intelligence)

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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden

My beloved maternal grandparents

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith.” Hebrews 13:7 (KJV)

Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



Disclaimer:

This booklet offers spiritual, educational, and practical guidance. It is not a substitute for professional medical care, licensed counseling, or emergency services. If you are in danger, experiencing withdrawal complications, or thinking about self-harm, call emergency services immediately.

Critical Safety Note:

If someone is in immediate danger, contact local emergency services now. Do not attempt a rescue yourself. Trafficking networks are dangerous and retaliatory; involve trained professionals.

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1) What Are Fatherlessness and the “Orphan Spirit”?

Fatherlessness includes literal absence (death, abandonment, incarceration), emotional absence (present but unavailable), or abusive presence that shatters trust.

Orphan spirit (a pastoral term): the inner posture of **unwantedness, self-reliance, and mistrust**—even when surrounded by people. It whispers, *“No one will protect or provide for me; I must fend for myself.”*

Key truth: In Christ, you are **adopted, wanted, and named**. The Father’s blessing is stronger than the loudest wound.

2) Why This Wound Happens: Body, Mind, Story, and Spirit

Body: Early stress changes the nervous system (hypervigilance, sleep issues).

Mind: Core lies form *“I’m not enough,” “I’m too much,” “I’ll be abandoned.”*

Story: Generational patterns absent fathers, addiction, divorce, poverty, exploitation.

Spirit: The enemy targets identity and belonging (**John 10:10**), counterfeiting fatherhood with control, fear, and shame.

Integrated healing means nervous-system care, truth renewal, story redemption, and spiritual adoption.

3) The Gospel of Adoption: From Orphans to Sons and Daughters

- **God reveals Himself as Father (Matt. 6:9).**
- **Adoption:** We receive the Spirit of adoption crying “Abba! Father!” (**Rom. 8:15–17; Gal. 4:4–7).**
- **New name & inheritance:** In Christ you are co-heir, not outsider (**Eph. 1:3–14).**
- **Church as family:** Real mothers and fathers in the faith (**1 Cor. 4:15).**

Bottom line: Identity is a **gift received**, not a status performed.

4) Signs of an Orphaned Heart: How It Shows Up

- Performance for approval; panic around critique.
 - Control/people-pleasing or isolation/avoidance.
 - Jealousy, comparison, scarcity mindset.
 - Difficulty receiving love, gifts, or correction.
 - Compulsive self-reliance; burnout.
 - Distrust of authority; testing relationships to prove they’ll leave.
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5) Counterfeits of Belonging

- **Achievement religion:** “If I excel, I’ll be loved.”
- **Numbing:** Porn, substances, overwork, endless scrolling.
- **Survival vows:** “I’ll never need anyone.” (Creates loneliness prisons.)
- **Toxic tribes:** Gangs, occult, exploitative communities promising “family.”

Christ offers **covenant belonging**: truth + love + accountability.

6) A Multi-Pronged Godly Healing Plan

6.1 30/90-Day Roadmap from Orphaned to Beloved

Days 1–7: Safety & Naming the Wound

- Tell one trusted pastor/elder or mentor.
- Journal father story (facts), impact (emotions), and inner vows.
- Pray first **Adoption & Renunciation** (Appendix A).
- Sleep, hydration, simple food; schedule one gentle joy (walk, music).

Days 8–30: Renunciation & Replacement

- Out loud, renounce orphan lies and survival vows (Appendix A).
- Begin **blessing practice**: speak the Father’s words over yourself daily.
- Start counseling (trauma-informed, Christian if available).
- Join a small group; receive prayer and appropriate touch (hand on shoulder, etc., with consent).

Days 31–90: Reconstruction of Belonging

- Identify 1–2 spiritual mothers/fathers; request regular check-ins.
- Serve meaningfully (kids, hospitality, outreach).
- Practice healthy dependency: ask for help weekly; accept gifts without payback.
- Mark 30/60/90 days with testimony and gratitude.

6.2 Daily Rule of Life for Identity and Belonging

Morning (20–40 min):

- Kneel: “Father, I belong to You.”
- Read a Psalm + a short NT passage; **Declare identity** (Appendix B).

- Envision one loving action you'll offer or receive today.

Midday (5 min):

- Breath prayer: "Abba, I'm Yours."
- Short text to a mentor/friend: one gratitude, one request.

Evening (20–30 min):

- Examen: Where did the orphan voice speak? What did the Father say?
- Gratitude x3; bless your household aloud (even if alone).

Body Stewardship: steady sleep, sunlight, movement, Sabbath weekly.

6.3 Five Circles of Support

1. **Abba, Scripture, Prayer** primary source of blessing and identity.
2. **Pastoral Covering** gentle correction, deliverance if needed, sacraments.
3. **Counselor** attachment repair, trauma care, grief processing.
4. **Peer Siblings** 2–3 same sex friends for daily/weekly check-ins.
5. **Spiritual Parents** mature men/women who bless, guide, and model.

Rule: No single circle is enough; together they close the gaps.

6.4 Skills for Triggers, Grief, and Spiritual Warfare

Interrupt (90 seconds):

- Name it: "I'm feeling unwanted/unsafe."
- Ground: 5-4-3-2-1 senses; slow breathing (4-4-6 × 6).
- Declare: "Abba, I belong to You; I am not alone."

Rewire:

- Replace self-reliance with **ask/receive**: "Can you help me with...?"
- Practice blessing: speak life over your name in a mirror (Appendix B).
- Repair attempts within 24 hours after conflict: brief apology + request for connection.

Warfare:

- Renounce orphan and rejection in Jesus' name (Appendix A).
 - Weekly communion; memorize identity Scriptures.
 - Fast from comparison media for 30–90 days.
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7) Families & Church: Help Without Harm

Do:

- Offer steady presence, not perfection.
- Give explicit, repeated blessing; celebrate small steps.
- Provide predictable rhythms: meals, meetings, check-ins.

Don't:

- Shame neediness, tears, or regressions.
- Overpromise and disappear; better a small faithful yes than big flakiness.
- Confuse authority with control; model servant leadership.

Leaders: Cultivate a *household* culture hospitality, intergenerational groups, mentorship pathways, protection for the vulnerable.

8) Setbacks & Resistance: When the Old Voice Returns

Expect triggers around holidays, leadership transitions, romance, and conflict. Plan a **Rescue Routine** (Appendix F): call one mentor, pray Psalm 27/91, take a 10-minute walk, journal the lie → truth, schedule a reconnect with safe people. If despair or self-harm thoughts surface, follow crisis steps immediately.

9) Living as the Beloved: Calling, Vocation, and Spiritual Parenting

- Let work flow from identity, not identity from work.
- Offer what you've received become a safe brother/sister, then a spiritual mother/father.
- Build a home (literal or communal) where blessing is normal: meals, prayer, celebration, healthy boundaries.

Aim: Not merely healed but **sent** to multiply family in Christ.

10) Appendices & Tools

Appendix A: Prayers of Adoption, Renunciation, and Blessing

Adoption & Renunciation (Short)

“Father, in Jesus’ name I renounce the orphan spirit, rejection, and every inner vow of self-reliance. I cancel the lies that I am unwanted and unprotected. I receive the Spirit of adoption. Abba, I belong to You. Fill me with Your love. Amen.”

Longer Prompts (read aloud):

- “I renounce the vow, *‘I won’t need anyone.’* I choose interdependence in Christ.”
- “I renounce the lie, *‘I am unlovable.’* I receive the truth: *‘I am the Father’s beloved.’*”
- “I forgive my father/mother for their failures; I release them to God.”
- “I receive the Father’s blessing and new name in Jesus.”

Blessing (Speak Over Yourself/Children)

“You are wanted, chosen, protected, and delighted in. You carry purpose and honor. The Father’s face shines on you. You are a joy to your family and a gift to the world.”

Appendix B: Identity Declarations (Daily)

- “I am a beloved child of God” (**1 John 3:1**).
- “I am adopted, not abandoned” (**Rom. 8:15**).
- “I am accepted in the Beloved” (**Eph. 1:6**).
- “God is my Father; Jesus my Brother; the Spirit my Comforter.”
- “My name is written in heaven” (**Luke 10:20**).

Appendix C: Honest Inventory (Guided)

- Father story (facts), impact (feelings), inner vows (words), behaviors (patterns), preferred lies, gospel truths to replace them.

Appendix D: Repair Tools for Attachment

- **Rupture-Repair Script:**
- “When you said/did _____
- I felt _____
- I need now _____
- Can we reconnect _____
- **Safe Touch & Presence:** hand on shoulder, eye contact, 30-second hug (with consent).
- **Rituals of Connection:** shared meals, weekly check-ins, blessing before bed.

Appendix E: 90-Day Beloved Sprint Planner (Weekly Grid)

- Week Goal | Orphan Trigger to Watch | Truth Replacement | Connection Planned | Check-ins | Healthy Reward

Appendix F: Emergency Plan (Fill & Print)

- People to call (3):
- Places to go:
- What I'll do for 24 hours: Psalm 27/91; worship playlist; sleep; water; walk; schedule time with a mentor.

Appendix G: Scripture Arsenal

- Psalm 27; Psalm 68:5–6; Isaiah 43:1–4; Hosea 11:1–4; John 14:18 (“I will not leave you as orphans”); Romans 8:14–17; Galatians 4:4–7; Ephesians 1:3–6; 1 John 3:1.

Final Word

You are not the sum of who left you or what you lacked. You are the Father's beloved, named and kept by Jesus, indwelt by the Spirit. The cross ends abandonment; the resurrection inaugurates family. Practice blessing, receive love, and become a safe mother or father to many.

“I will not leave you as orphans; I will come to you.” **John 14:18**

Important SAFETY Note

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or

someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino And Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

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To the churches that gave me sanctuary and truth:

- **Church Experience** churchexperience.tv in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- **Grace and Peace Church** <https://graceandpeace.org/> in Toms River, especially **Pastor Bob**, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

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To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

 *"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."*

Philippians 1:3–5 (NIV)

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