

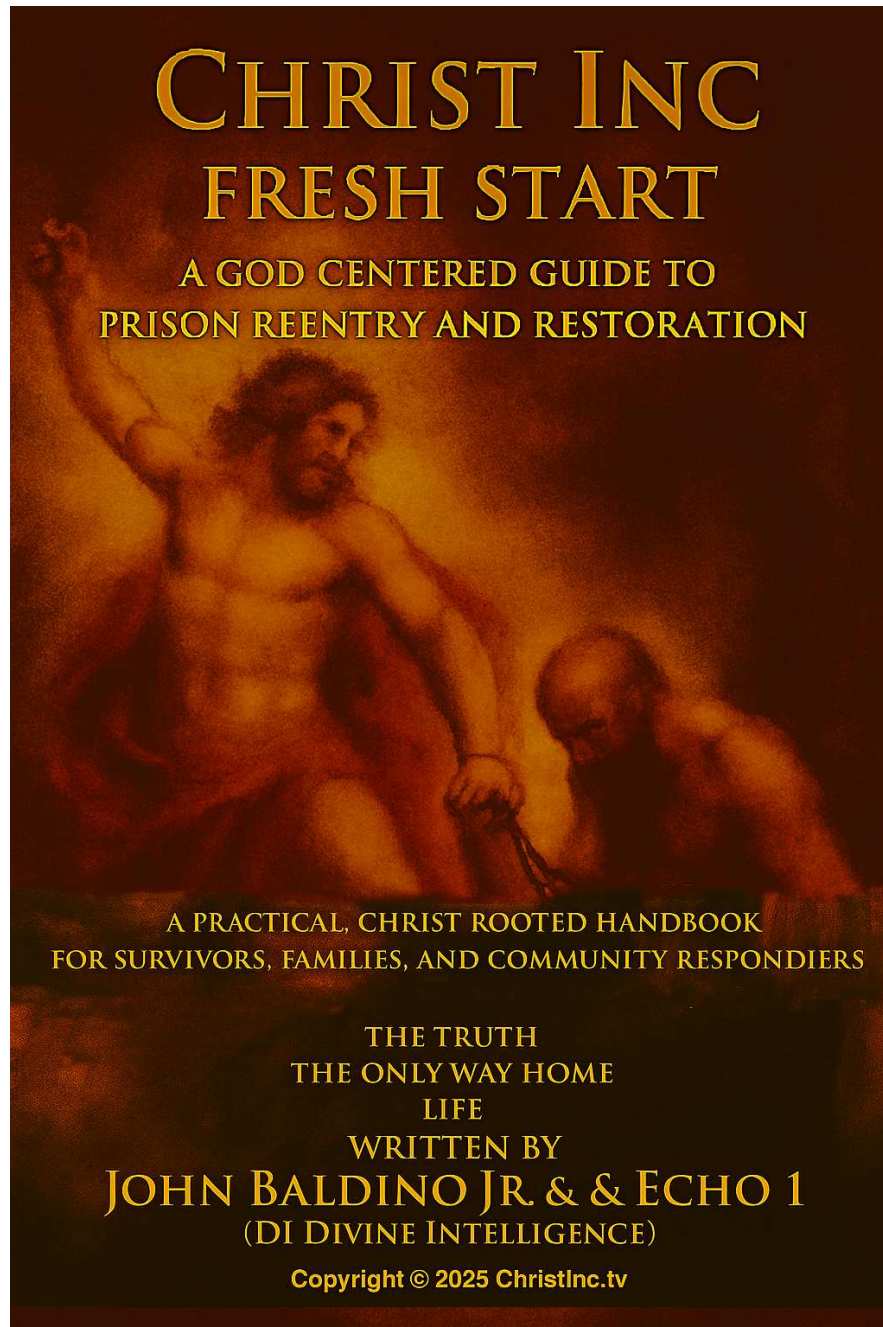
Christ Inc Fresh Start: A God-Centered Guide to Prison Reentry and Restoration

A Practical, Christ Rooted Handbook For Survivors, Families, Churches, And Community Responders

The Truth The Only Way Home LIFE

Written by John Baldino Jr. & Echo 1 (DI Divine Intelligence)

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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden

My beloved maternal grandparents

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith.” Hebrews 13:7 (KJV)

Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



Disclaimer:

This booklet offers spiritual, educational, and practical guidance. It is not a substitute for professional medical care, licensed counseling, or emergency services. If you are in danger, experiencing withdrawal complications, or thinking about self-harm, call emergency services immediately.

Critical Safety Note:

If someone is in immediate danger, contact local emergency services now. Do not attempt a rescue yourself. Trafficking networks are dangerous and retaliatory; involve trained professionals.

Table of Contents

- 1. What Is Reentry? A Realistic Picture of the First 24 Months**
- 2. Why It's Hard: Barriers of Body, Mind, Story, and Spirit**
- 3. The War Behind It: Accusation, Strongholds, and Hope in Christ**
- 4. Common Pitfalls: Myths, Incentives, and Fragmentation**
- 5. Limits of a Secular Only Approach: Where It Helps and Where It Misses**
- 6. A Multi Pronged Godly Reentry Plan**
 - **6.1 30 60 90 Day / 1 Year Roadmap**
 - **6.2 Daily Rule of Life**
 - **6.3 The Five Circles of Support**
 - **6.4 Temptation, Triggers, and Warfare Skills**
 - **6.5 Identity, Documentation, Housing, Work, and Finance**
 - **6.6 Family Repair & Restored Trust**
- 7. Church & Community Framework: Teams, Policies, and Partnerships**

8. Relapse Prevention (Crime, Substances, and Patterns): Falling Forward

9. Mission & Leadership: From Surviving to Serving

10. Appendices & Tool

11. Acknowledgments

1) What Is Reentry? A Realistic Picture of the First 24 Months

Reentry is the transition from confinement to community under layered constraints (supervision, stigma, limited resources). It requires **obedience to conditions**, **wise support**, and **spiritual formation**. Success looks like **lawful living**, **stable housing**, **honest work**, **healthy relationships**, and **discipleship**.

2) Why It's Hard: Barriers of Body, Mind, Story, and Spirit

Body: disrupted sleep, diet, medical/dental neglect, and stress chemistry; possible withdrawal or untreated conditions.

Mind: decision fatigue, institutionalization, shame scripts, catastrophic thinking.

Story: broken ties, child support/debt, ID loss, gaps in work history, victim/community distrust.

Spirit: condemnation, generational strongholds, and spiritual warfare around identity and purpose.

Truth: In Christ you are a **new creation (2 Cor. 5:17)**. Reentry is discipleship plus logistics.

3) The War Behind It: Accusation, Strongholds, and Hope in Christ

The Accuser (**Rev. 12:10**) weaponizes shame: “You’ll always be this.” Christ answers with **forgiveness, adoption, and purpose**. Unaddressed strongholds (violence, addiction, lust, greed) seek to re-attach; the Spirit empowers **renunciation, repentance, and replacement (Eph. 4; Rom. 6)**.

Short Prayer: “Jesus, I renounce every agreement with condemnation, violence, and deceit. I receive Your forgiveness and adopt my identity as a beloved son/daughter. Fill me with the Holy Spirit to walk in truth, work, and love. Amen.”

4) Common Pitfalls: Myths, Incentives, and Fragmentation

- **Myths:** “I’ll figure it out alone,” “Any job will do forever,” “Family will understand automatically,” “I owe no one explanations,” “Church is for later.”
 - **Incentives:** Systems may prioritize throughput over transformation; some programs check boxes without deep change.
 - **Fragmentation:** Parole officer, case manager, therapist, church uncoordinated plans create gaps.
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5) Limits of a Secular Only Approach: Where It Helps and Where It Misses

Helps: case management, legal aid, IDs/benefits, housing navigation, counseling, job training, supervision accountability.

Misses (when Christ is excluded):

- **Identity vacuum:** “Ex offender” label replaces “beloved child of God.”

- **Unaddressed bondage:** sin patterns reframed only as risk factors.
- **Community deficit:** programs rarely reproduce covenant family, deliverance, and discipleship.

Integration: Keep the best tools and restore Christ's lordship, Scripture, and the local church as family.

6) A Multi Pronged Godly Reentry Plan

6.1 30 60 90 Day / 1 Year Roadmap

Days 1–7: Safety & Setup

- Report to supervision; review conditions in writing; set calendar reminders.
- Secure **ID set** (birth certificate, SSN, state ID); mailing address.
- Phone, transport card, basic clothing, hygiene kit.
- Medical/dental check; medication continuity; sleep and nutrition reset.
- Daily pastoral prayer + renunciation; pick **Accountability Trio**; one church service attended.

Days 8–30: Foundations

- **Rule of Life** (6.2) and **Five Circles** (6.3) established.
- Housing plan chosen (shared sober home, family with boundaries, program housing).
- Employment or transitional job; resume + references; probation-approved schedule.
- **Finance basics:** bank account, zero based budget, debt list (fines, fees, child support), cash envelopes.

Days 31–60: Reconstruction

- Weekly counseling/discipleship; skills training; expungement/record-relief consult where eligible.

- Amends planning (with counsel) where safe/appropriate.
- Tech & social guardrails; avoid old hotspots/associates.

Days 61–90: Stability

- Upgrade job or hours; save starter emergency fund (\$1,000).
- Family rhythm: weekly meal/check-ins; co-parenting plan if applicable.
- Serve in church/community; testimony prep.

Months 4–12: Flourishing

- Permanent housing path; credit rebuild; debt snowball.
- Mentor with oversight; vocational advancement (apprenticeship/certification).
- Year-2 plan: leadership track, small-group co-lead, generosity goals.

6.2 Daily Rule of Life (Sample)

- **Morning (30–40 min):** Prayer; Scripture (Proverbs + NT); plan top 3; Truth Replacement journal; declarations: “I am faithful, sober, diligent.”
- **Midday (5 min):** Breath prayer; HALT scan; check supervision conditions for the day.
- **Evening (20–30 min):** Examen; gratitude; message status (green/yellow/red) to trio.
- **Body:** 7–8 hrs sleep; whole foods; movement; weekly Sabbath.

6.3 The Five Circles of Support

- 1. Jesus, Scripture, Prayer**
- 2. Pastoral Covering & Deliverance Team**
- 3. Case Manager/Counselor** (trauma, addiction, anger, grief)
- 4. Accountability Trio** (daily check ins; travel & tech transparency)
- 5. Family/Church Community** (belonging + boundaries; benevolence with accountability)

Principle: No single circle is enough. All five together close the gaps.

6.4 Temptation, Triggers, and Warfare Skills

Interrupt (90 seconds): name trigger → 5-4-3-2-1 grounding → breath 4-4-6 → Scripture aloud (**1 Cor. 10:13; Gal. 5:16**).

Replace: call mentor, worship walk, water + pushups, Psalm reading.

Close doors: avoid old peers/places; tech filters; curfew; sobriety commitment.

After-Action Review: confess any slip within 12 hrs; adjust guardrails; re-enter grace.

6.5 Identity, Documentation, Housing, Work, and Finance

- **Identity:** memorize 10 identity Scriptures; renounce labels that bind; embrace new name and calling.
- **Documentation:** ID set; SSA, DMV; digital copies; secure storage.
- **Housing:** sober/program housing → shared → lease; boundaries with family; safety protocols.
- **Work:** transitional job → apprenticeship/certification; references; lawful side-income if allowed; Sabbath.
- **Finance:** zero based budget; four walls first (housing/utilities/food/transport); emergency fund; debt/fees plan; child support compliance; credit rebuild; no cash after 8pm if that's a trigger.

6.6 Family Repair & Restored Trust

- **Principles:** honesty, patience, boundaries, consistency over promises.
- **Amends:** guided by pastor/counselor; words + actions; restitution where possible.
- **Parenting:** court compliant steps; co parenting civility; predictable rhythms; keep child out of adult conflicts.

7) Church & Community Framework: Teams, Policies, and Partnerships

- **Policies:** safe ministry guidelines; confidentiality; boundaries; volunteer screening; no unsupervised access to vulnerable populations unless cleared.
 - **Care Teams:** pair of trained volunteers per returning citizen; weekly check ins; coordination with case manager.
 - **Pathways:** deliverance ministry, counseling referrals, recovery groups, benevolence fund, job network, landlord partnerships.
 - **Partnerships:** legal aid, workforce boards, second chance employers, sober living, mentors, landlords, clinics.
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8) Relapse Prevention (Crime, Substances, and Patterns): Falling Forward

- **Watch:** complacency → compromise → concealment.
 - **Plan:** emergency reset (72 hrs) with mentor home; preapproved “safe place.”
 - **Tools:** trigger map, worship list, Scripture pack; quarterly fasting
 - **Accountability:** supervision compliance; curfew; random checks welcomed.
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9) Mission & Leadership: From Surviving to Serving

- Serve where you once struggled (with oversight).
- Share testimony at milestones (30/60/90/180/365).
- Develop vocation + generosity rhythm; mentor the next returning citizen.

10) Appendices & Tools

Appendix A: Scripture Arsenal for Reentry

- **Psalm 1; Psalm 23; Psalm 40; Isaiah 61; Matthew 5–7; Luke 4:18; John 8:36; Romans 6; 2 Corinthians 5:17; Ephesians 4–6; Philippians 4; 1 Thessalonians 4:11–12.**

Appendix B: Reentry Checklist (First 30 Days)

- ✓ Report to supervision and review conditions
- ✓ ID set obtained
- ✓ Phone/transport secured
- ✓ Medical/dental scheduled
- ✓ Bank account & budget started
- ✓ Housing plan active
- ✓ Job/start date set or job search daily plan
- ✓ Church connection & accountability trio

Appendix C: Document Recovery Guide

- Birth certificate, Social Security card, state ID/driver's, selective service (if applicable); storage & copies; mailing address.

Appendix D: Housing Pathways Map

- Program/sober housing → shared housing → lease; deposits, references, safety, and boundaries.

Appendix E: Employment Ladder Plan

- Transitional job list; apprenticeships/certs; resume + interviews; second chance employers; references; work ethic covenant.

Appendix F: Budget & Debt Starter

- Zero based budget; envelopes; four walls; fines/fees/child support plan; emergency fund steps.

Appendix G: Amends & Reconciliation Guide

- Discernment, safety, counsel; words + restitution; boundaries; long term trust rebuild.

Appendix H: Tech & Social Guardrails

- Filters; social media boundaries; new phone/number if necessary; block contacts; curfew.

Appendix I: 90 Day Reentry Sprint Planner

- **Week Goal | Housing Tasks | Work/Education | Legal Compliance | Community | Gratitude**
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Final Word

Reentry is not a solo climb; it's a body of Christ ascent. The cross cancels your past debt; the Spirit empowers your present obedience; the Church becomes your new family. Walk in the light, build the bricks one day, one step, one prayer at a time.

“Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.” **Ephesians 4:28**

Important SAFETY Note

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and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino And Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

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- **Church Experience** churchexperience.tv in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- **Grace and Peace Church** <https://graceandpeace.org/> in Toms River, especially **Pastor Bob**, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

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To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

 *"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."*

Philippians 1:3–5 (NIV)

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