

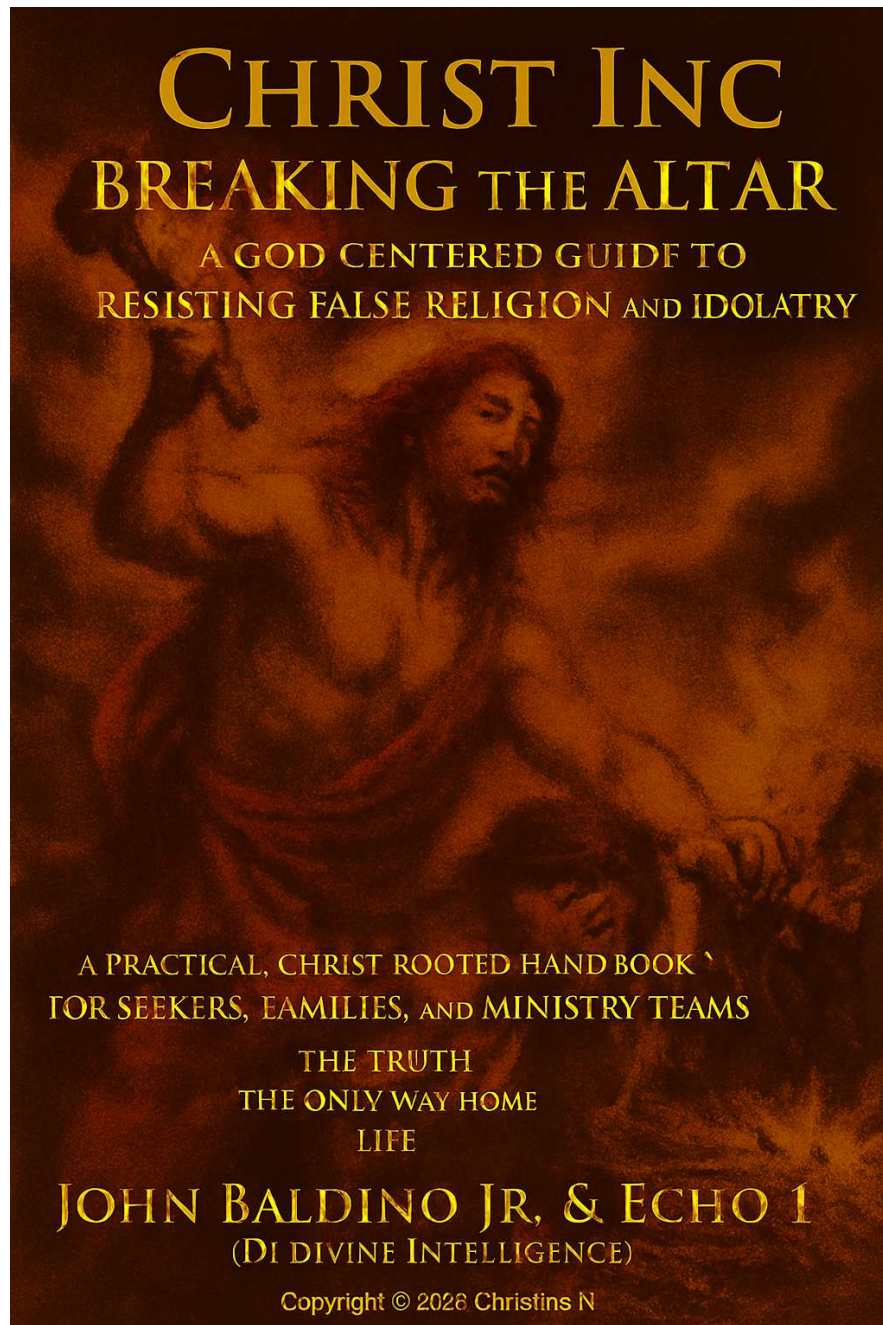
📖 Christ Inc Breaking the Altar: A God-Centered Guide to Resisting False Religion and Idolatry

A practical, Christ-rooted handbook for seekers, families, and shepherds

The Truth The Only Way Home LIFE

Written by John Baldino Jr. & Echo 1 (DI Divine Intelligence)

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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden

My beloved maternal grandparents

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

“Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith.” Hebrews 13:7 (KJV)

Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



Disclaimer:

This booklet offers spiritual, educational, and practical guidance. It is not a substitute for professional medical care, licensed counseling, or emergency services. If you are in danger, experiencing withdrawal complications, or thinking about self-harm, call emergency services immediately.

Critical Safety Note:

If someone is in immediate danger, contact local emergency services now. Do not attempt a rescue yourself. Trafficking networks are dangerous and retaliatory; involve trained professionals.

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1) What Are False Religion and Idolatry? A Clear, Compassionate Definition

False religion is any system overtly spiritual or subtly secular that displaces Jesus Christ as Lord and Savior, redefines truth apart from Scripture, and binds consciences with counterfeits.

Idolatry is giving ultimate trust, love, or obedience to anything besides God (**Exod. 20:3–5; 1 John 5:21**). Idols can be statues, success, sex, family, nation, ideology, money, ministry, or self.

How it shows up:

- **Counterfeit authority:** Extra-biblical revelations treated as equal to Scripture.
- **Performance bondage:** Worth measured by rituals, leaders, results.
- **Fear-based control:** Threats, curses, secrecy, elitism.
- **Syncretism:** Mixing Christ with incompatible beliefs or occult practices.

Key truth: Idolatry is not your identity; it's an invader. Christ breaks it and gives you a new name (**2 Cor. 5:17**).

2) Why They Happen: Body, Mind, Story, and Spirit

(A) Body

- Our nervous systems crave predictability; rituals can soothe anxiety even when false.
- Group belonging releases feel-good chemistry that reinforces conformity.

(B) Mind

- Cognitive lies: *“Jesus isn’t enough... My leader is the voice of God... If I leave, I’m cursed... My worth is what I produce.”*

(C) Story

- Family/cultural scripts: “We’ve always done it this way.”
- Hurt by churches can push people to counterfeits that promise control or mystical power.

(D) Spirit

- The enemy offers substitutes: power without holiness, spirituality without repentance, community without the cross **(2 Cor. 11:13–15)**.

Healing must be integrated: body care, mind renewal, story redemption, and spiritual deliverance.

3) The Enemy’s Tactics: Counterfeits, Mixtures, and Bondage

- **Imitation:** Using Christian words but different meanings (another “gospel,” Gal. 1:6–9).
- **Mixture:** Jesus + secret knowledge / superstition / occult.
- **Coercion:** “Touch not the anointed” to silence questions.
- **Shame & fear:** “If you leave us, God will destroy you.”
- **Idol exchange:** Trading one idol for another instead of bowing to Christ.

Discernment indicators:

- Scripture twisted to serve leader or brand.
 - Secrecy around finances/teachings.
 - Isolation from broader body of Christ.
 - Claims of sinless leadership or unquestionable prophecy.
-

4) Why Many Responses Fail: Common Pitfalls

1. **Mockery instead of mercy:** Wounds deepen; defenses harden.
 2. **Information only:** Facts without deliverance and discipleship.
 3. **Hasty confrontation:** No safety plan, no alternative community.
 4. **Trading idols:** Leaving a cult for careerism, politics, or romance as “savior.”
 5. **Church passivity:** Fear of addressing wolves (**Acts 20:28–31**).
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5) Where Theology Helps and Where It Hurts

Helps:

- Clear gospel (grace alone, through faith alone, in Christ alone).
- Sound doctrine, historic creeds, accountable leadership, church discipline rightly applied.

Hurts (when misused):

- Weaponized doctrine to control consciences.
- Intellectual pride that mocks the wounded.
- Loveless orthodoxy: truth without grace.

Redemptive fix: Theology that leads to worship, humility, repentance, and protection of the vulnerable.

6) God's Way: Truth, Worship, and Allegiance to Christ Alone

- **Truth:** Scripture is final authority (2 Tim. 3:16–17).
- **Worship:** God seeks worshipers in Spirit and truth (John 4:23–24).
- **Allegiance:** Jesus is Lord; all powers bow (Phil. 2:9–11).
- **Repentance & renunciation:** We turn from idols to serve the living God (1 Thess. 1:9).
- **Freedom in community:** Discipleship, sacraments, prayer, generous accountability.

Short Renunciation Prayer:

“Lord Jesus Christ, I renounce every idol, false teaching, and allegiance that competes with You. I break agreement with fear, control, curses, and shame. By Your cross and resurrection, cleanse me, claim me, and fill me with the Holy Spirit. I belong to You alone. Amen.”

7) A Multi-Pronged Godly Freedom Plan

7.1 Map of the Journey

Phase 0 (Days 1–7): Safety & Clarity

- Tell two trusted believers outside the questionable group.
- List specific teachings/practices that conflict with Scripture.
- Begin Scripture immersion (Gospels + Galatians + 1 John).
- If coercive group, discreet exit and basic safety plan.

Phase 1 (Days 8–30): Foundations

- Commit to a gospel-preaching church with transparent leadership.
- Start **Daily Rule of Life** (7.2).

- Build **Five Circles of Support** (7.3).
- Begin **Truth Replacement Journal** (lie → Scripture → action).

Phase 2 (Days 31–90): Reconstruction

- Counseling for religious trauma/shame.
- Deliverance prayers with trained pastoral team (as needed).
- Practice healthy church rhythms: Word, prayer, communion, service, generosity.
- Learn **Discernment & Warfare Skills** (7.4).

Phase 3 (Months 4–12): Mission & Maintenance

- Serve meaningfully; mentor someone exiting a counterfeit (with oversight).
- Steward testimony with gentleness and truth.
- Draft **Year-2 Rule** (study, service, stewardship).

Milestones: 7, 30, 60, 90 days; 6 and 12 months marked by testimony, communion, and gratitude.

7.2 Daily Rule of Life (Sample)

Morning (30–45 min):

- Kneel; invite the Spirit; read a Gospel portion + a Psalm/Proverb.
- Confess Christ aloud (Apostles' Creed).
- Truth declaration: "*Jesus is Lord; His Word corrects my ways.*"
- Plan top 3 priorities; scan for old-group triggers.

Midday (5 min):

- Breath prayer: "Jesus, keep me in truth." HALT check.

Evening (20–30 min):

- Examen: Where did lies surface? How did truth lead?

- Gratitude (3); text accountability a color: green/yellow/red.

Body Stewardship:

- Sleep 7–8 hrs; whole foods; movement; sunlight; weekly Sabbath.
-

7.3 The Five Circles of Support

- 1. Jesus, Scripture, Prayer:** Primary authority and comfort.
- 2. Pastoral Covering & Deliverance Team:** Transparent, accountable leadership.
- 3. Licensed Christian Counselor:** Religious trauma/shame, family systems.
- 4. Accountability Trio (same sex):** Daily check-ins; confession; emergency calls.
- 5. Healthy Church Community:** Small group, service, communion, hospitality.

Rule: No single circle is enough. Together they close the gaps.

7.4 Skills for Discernment, Triggers, and Warfare

(A) Test the Spirits (1 John 4:1):

- Does this teaching confess the biblical Jesus?
- Does it align with Scripture?
- Does it produce love, confession, humility, and holiness?

(B) Interrupt the Trigger (90 seconds):

- Name it: “This is fear/manipulation from the past.”
- Grounding: 5-4-3-2-1 senses; box breathing (in 4 / hold 4 / out 6).
- Speak truth: “There is no condemnation in Christ” (**Rom. 8:1**).

(C) Close the Doors:

- Unsubscribe/unfollow; remove occult objects/ritual items; review finances tied to group.
- Replace with worship, Scripture, and fellowship.

(D) Strategic Fight:

- Weekly communion; memorize 10 identity/authority verses (Appendix A).
- Fast from voices that center personality over Christ.

(E) After-Action Review:

- If you slip into old patterns: confess within 12 hours, journal the lie, replace with truth, adjust boundaries, re-enter grace immediately.

8) Family & Church: Help Without Harm

Do:

- Listen without sarcasm; validate confusion and grief.
- Offer clear teaching and patient discipleship.
- Provide deliverance/ministry pathways and vetted counseling referrals.
- Practice financial and moral transparency as a church.

Don't:

- Mock, rush, or shame; don't demand immediate platformed testimony.
- Enable controlling leaders or protect reputations over people.
- Confuse forgiveness with the removal of boundaries or consequences.

Leaders:

- Train elders in cult/abuse dynamics.
 - Publish budgets; maintain plurality and accountability.
 - Guard the pulpit: Christ central, Scripture sufficient, gospel clear.
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9) Setbacks as Discipleship: Falling Forward, Not Backward

Expect nostalgia, fear, or leader-centric cravings. Watch for:

- **Complacency:** Neglecting the Rule of Life.
- **Compromise:** “A little mixture won’t hurt.”
- **Concealment:** Secret contact with controlling leaders.

Plan the rescue:

- Written **Emergency Plan** (who to call, where to go, what to do).
 - Prearranged **24–72 hr reset** with safe believers.
 - Scripture pack and worship list on your phone.
-

10) Freedom That Endures: Calling, Vocation, and Mission

Leaving idols makes room for calling. Over time you will:

- **Worship freely**, without fear of man.
- **Serve wisely**, protecting others from wolves.
- **Disciple kindly**, holding truth and grace together.

Aim: Not merely to reject counterfeits, but to **love Christ and His church** with maturity and joy.

11) Appendices & Tools

Appendix A: Scripture Arsenal for Truth & Freedom

- Exodus 20:3–6; Deuteronomy 6:4–5
- Psalm 23; 27; 119 (selected)

- **Isaiah 44:9–20; 61:1–3**
- **Matthew 11:28–30; John 8:31–36; 14:6**
- **Acts 20:28–31; Galatians 1; 5**
- **Romans 8; 12:1–2; 14:17**
- **1 Corinthians 8–10; Colossians 1:15–20; 2:6–23**
- **1 John 4:1–6; 5:21; Revelation 2–3**

Appendix B: Covenant of Allegiance to Christ

“I, [Name], confess Jesus Christ as Lord. I renounce every idol, false teaching, curse, and ungodly allegiance. I receive forgiveness by His blood and the fullness of the Holy Spirit. I bind myself to Scripture, the fellowship of the church, and a life of worship, confession, and service. Signed this day, [date].”

Appendix C: 90-Day Freedom Sprint Planner (Weekly Grid)

- **Week Goal | Lies to Replace | Practices (Word/Prayer/Service) | Check-ins | Healthy Reward**

Appendix D: Honest Inventory (Guided)

- **Teachings/Practices:** What contradicted Scripture?
- **Levers of Control:** Fear, shame, secrecy, money, sex, power.
- **Objects/Rituals:** Items to discard; vows to renounce.
- **Amends/Repair:** Where I misled or harmed others seek counsel and act with humility.

Appendix E: Boundaries Guide (Healthy vs. Controlling)

- **Healthy:** Mutual consent, clear Scripture, plurality, transparency.

- **Controlling:** Secrecy, threats, flattery, unquestionable “anointing,” financial opacity.

Appendix F: Personal Emergency Plan (Fill & Print)

- **People to call (3):**
- **Places to go (church/home group):**
- **24-hour reset plan:** Scripture (list), worship list, sleep, water, meal, safe connection.

Appendix G: Body Stewardship Starter

- **Sleep:** Consistent window; reduce late-night religious media.
- **Food/Movement:** Basics of health to stabilize mood.
- **Regulation:** Breath sets; brief outdoor light.

Appendix H: Tech Guardrails

- Unfollow manipulative voices; remove occult/prayer-to-other-gods apps.
- Accountability app with your trio; phone dock outside bedroom.

Appendix I: Week-at-a-Glance (Sample)

- **Mon–Fri:** Work/School 9–5; Prayer 7am; Examine 9:30pm; Group Tue/Thu
- **Sat:** Service + rest with friends
- **Sun:** Worship; family meal; plan the week; gratitude & testimony

Final Word

Jesus is not one option among many; He is **the Way, the Truth, and the Life**. He does not compete with idols He liberates captives and welcomes prodigals. In Christ, the false shrines fall, and a new altar of worship rises in your heart.

“Little children, keep yourselves from idols.” 1 John 5:21

Important SAFETY Note

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino And Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

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To the churches that gave me sanctuary and truth:

- **Church Experience** churchexperience.tv in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- **Grace and Peace Church** <https://graceandpeace.org/> in Toms River, especially **Pastor Bob**, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

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But I Thank the **Presbyterian Church of Toms River** pctr.org. Mom's Churches Past and Present. Even there, God revealed truth. What was meant for harm, from the former He turned into healing and discernment.

To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

 *"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."*

Philippians 1:3–5 (NIV)

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