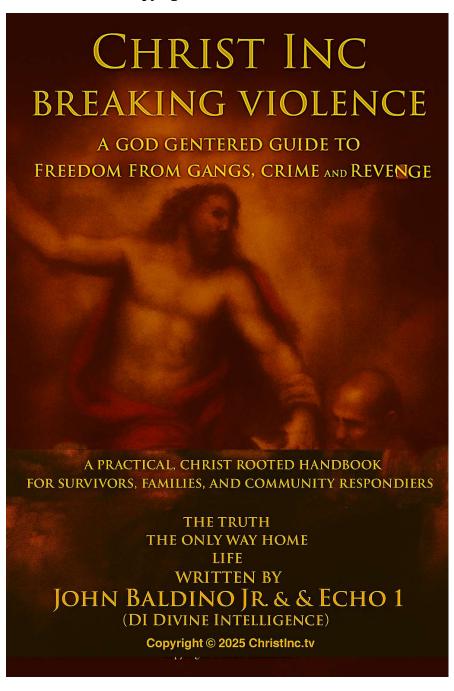
# Christ Inc Breaking Violence: A God-Centered Guide to Freedom from Gangs, Crime, and Revenge

A practical, Christ-rooted handbook for strugglers, families, and shepherds
The Truth The Only Way Home LIFE

Written by John Baldino Jr. & Echo 1 (DI Divine Intelligence)
Copyright © 2025 ChristInc.tv



### **Dedication**

**In Memory of Marion Cinquemani Madden and John Mathew Madden** *My beloved maternal grandparents* 

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

#### **Scriptural Seal**

"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith." Hebrews 13:7 (KJV) Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi** 



### Disclaimer:

This booklet offers spiritual, educational, and practical guidance. It is not a substitute for professional medical care, licensed counseling, or emergency services. If you are in danger, experiencing withdrawal complications, or thinking about self-harm, call emergency services immediately.

### **Critical Safety Note:**

If someone is in immediate danger, contact local emergency services now. Do not attempt a rescue yourself. Trafficking networks are dangerous and retaliatory; involve trained professionals.

#### **Table of Contents**

- **1. What Are Gangs, Crime, and Revenge?** A Clear, Compassionate Definition
- 2. Why They Happen: Body, Mind, Story, and Spirit
- **3. The Enemy's Tactics:** Lies, Pride, and Bloodlust
- **4. Why Many Responses Fail:** Common Pitfalls
- **5. Legal and Community Systems:** Where They Help—and Where They Hurt
- **6. God's Way:** Repentance, Forgiveness, and Peacemaking
- 7. A Multi-Pronged Godly Exit & Healing Plan
  - **7.1** Map of the Journey (90-Day / 1-Year)
  - **7.2** Daily Rule of Life
  - **7.3** The Five Circles of Support
  - 7.4 Skills for Triggers, Temptations, and Warfare
- **8. Family & Church:** How Loved Ones and Shepherds Can Help (and Not Harm)

**9. Setbacks as Discipleship:** Falling Forward, Not Backward

**10.Freedom That Endures:** Calling, Vocation, and Mission

11.Appendices & Tools

12.Acknowledgments

### 1) What Are Gangs, Crime, and Revenge?

**Gangs** are groups bound by loyalty, fear, or profit that replace family and exploit power.

**Crime** is the misuse of freedom to harm others, often for survival, status, or greed. **Revenge** is the cycle of retaliation: "You hurt me, so I'll hurt you worse."

#### **Biblical frame:**

- Sin is lawlessness (1 John. 3:4).
- Bloodshed cries out to God (Gen. 4:10).
- Vengeance belongs to the Lord, not us (Rom. 12:19).
- Christ alone turns enemies into brothers (Eph. 2:14–16).

**Key truth:** Crime and revenge may feel powerful, but they enslave. Christ alone sets captives free.

### 2) Why They Happen: Body, Mind, Story, and Spirit

**Body:** Poverty, hunger, adrenaline rush, substance abuse, lack of healthy outlets.

**Mind:** Lies of toughness: "Respect comes through fear Weakness gets you

killed... Revenge restores honor."

**Story:** Fatherlessness, trauma, neighborhood culture, betrayal, survival.

**Spirit:** The enemy exploits pain, offering false power through violence. What begins as protection turns to bondage.

### 3) The Enemy's Tactics: Lies, Pride, and Bloodlust

- Lie: "The streets are your only family."
- Pride: "If they disrespect you, destroy them."
- **Bloodlust:** Violence becomes identity, not just survival.
- **Fear:** "If you leave, you'll be hunted."
- **Deception:** Mixing sin with symbols of honor or religion.

Truth: Jesus calls the weary into His family, His protection, His Kingdom.

### 4) Why Many Responses Fail

- **1. Fear-only tactics:** Threats of prison/death don't break soul-bondage.
- **2. Programs without purpose:** Skill training without identity in Christ.
- **3. Quick conversions without discipleship:** Saying a prayer, but no plan for safety, triggers, or community.
- **4. Glorifying violence:** Entertainment, even "war stories," that reopen wounds.

### 5) Legal and Community Systems: Helps & Hurts

**Helps:** Law enforcement protection, witness relocation, restorative justice programs, reentry ministries.

**Hurts:** Corruption, racial bias, mass incarceration without rehabilitation, lack of trauma healing.

**Redemptive fix:** Partner with trustworthy community programs under the covering of Christ and His church.

# 6) God's Way: Repentance, Forgiveness, and Peacemaking

- **Repentance:** Agreeing with God about sin; turning from it (Acts 3:19).
- **Forgiveness:** Receiving Christ's mercy; extending forgiveness instead of revenge **(Matt. 6:14–15).**
- **Peacemaking:** Not passive active repair (Matt. 5:9).
- **New identity:** Adopted sons and daughters; soldiers of Christ, not gangs.

#### **Short prayer:**

"Jesus, I renounce revenge, crime, and blood covenants. I repent and turn to You. Cover me in Your blood; give me new brothers, new purpose, new life. Amen."

### 7) A Multi-Pronged Godly Exit & Healing Plan

### 7.1 Map of the Journey

#### Phase 0 (Days 1-7): Safety & Stabilization

- Confide in a trusted pastor/mentor.
- Remove weapons/substances.
- Secure a safe environment (if possible, relocation).
- Daily prayer of renunciation (see above).

#### Phase 1 (Days 8–30): Foundations

- Begin **Daily Rule of Life** (7.2).
- Build the **Five Circles of Support** (7.3).
- Start **Truth Replacement Journal** (lies → Scripture → actions).
- Gentle work or service tasks to shift identity.

#### Phase 2 (Days 31–90): Reconstruction

• Trauma-informed counseling (violence, betrayal, anger).

- Job training, budgeting, vocational discipleship.
- Public renunciation of gang ties (with pastoral/legal covering).
- Skills for anger and revenge management (7.4).

#### Phase 3 (Months 4–12): Mission & Maintenance

- Mentor youth tempted by gangs.
- Testify carefully (not glorifying violence).
- Discern calling (service, missions, family, work).
- Draft **Year-2 Rule** (calling, study, stewardship).

### 7.2 Daily Rule of Life (Sample)

#### **Morning (30–45 min):**

- Pray Psalm 23 or 91.
- Read Gospel portion.
- Declare: "My fight is not with flesh and blood" (Eph. 6:12).
- Plan safe steps for the day.

#### Midday (5 min):

• Breath prayer: "Jesus, guard my heart."

#### **Evening (20–30 min):**

- Examine: Where did anger tempt me? Where did God sustain me?
- Gratitude (3). Accountability text (green/yellow/red).

**Body Stewardship:** Sleep, whole foods, exercise, Sabbath.

### 7.3 The Five Circles of Support

**1. Jesus, Scripture, Prayer:** Primary authority and family.

- **2. Pastoral Covering & Prayer Team:** Safe, bold shepherds.
- 3. Licensed Christian Counselor: Trauma, anger, grief.
- **4. Accountability Trio:** Brothers who refuse compromise.
- **5. Church/Community of Peace:** Service, belonging, protection.

### 7.4 Skills for Triggers, Temptations, and Warfare

#### (A) Interrupt the Loop (90 seconds):

- Name: "This is revenge temptation."
- Grounding: Splash water; 5-4-3-2-1 senses.
- Breath prayer: "Jesus, take my rage."

#### (B) Replace the Reward:

• Walk, worship track, boxing bag, call accountability, read Romans 12.

#### (C) Close the Doors:

- Cut ties with old crew/socials.
- Avoid high-risk spots.

#### (D) Strategic Fight:

- Fast from violent media.
- Weekly communion; memorize 10 peacemaking Scriptures.

#### (E) After-Action Review:

• If you slip: confess, repair, re-enter grace; no glorifying the sin.

### 8) Family & Church: Help Without Harm

#### Do:

• Welcome repentant gang members without fear.

- Provide housing, jobs, discipleship.
- Celebrate small victories.

#### Don't:

- Gossip about past crimes.
- Demand instant perfection.
- Over-romanticize "testimonies" with violent detail.

#### **Leaders:**

- Train in trauma care.
- Protect church from retaliation risks.
- Partner with reentry programs.

### 9) Setbacks as Discipleship

- Slips may happen anger, fights, old habits.
- Each battle is training; confess, reset, re-enter grace.

### 10) Freedom That Endures

- Gang loyalty is counterfeit family; Christ's family endures forever.
- Revenge enslaves; forgiveness frees.
- Crime destroys; calling builds.
- True honor: serving Christ as a peacemaker.

### 11) Appendices & Tools

### **Appendix A: Scripture Arsenal for Peace**

- Psalm 23; 91
- Proverbs 1:10-19
- Isaiah 1:17; 54:17
- Matthew 5–7; Romans 12
- Galatians 5; Ephesians 6
- James 1:19-20

### **Appendix B: Covenant of Peace (Personal)**

"I, [Name], confess Jesus Christ as Lord. I renounce revenge, gangs, crime, and blood covenants. I choose life and peace in Christ. I bind myself to His body and to the Five Circles of Support. By grace, I will walk as a peacemaker. Signed this day, [date]."

### **Appendix C: 90-Day Freedom Sprint Planner**

• Week Goal | Temptations | Truth Replacement | Service | Check-ins | Reward

### **Appendix D: Honest Inventory**

- Where am I still tied to gangs?
- Where do I crave revenge?
- Who do I need to forgive?
- What restitution/reparations can I make (guided by counsel)?

### **Appendix E: Boundaries Guide**

- Healthy loyalty vs. toxic gang loyalty.
- Peacemaking vs. passivity.

### **Appendix F: Personal Safety Plan**

•	Safe contacts (3):
•	Places to go:
•	Risk times:

• **Reset plan:** Scripture, prayer, safe home, mentor check-in.

#### **Final Word**

Violence is not your destiny. Revenge is not your identity. In Christ, you are a **new creation, a peacemaker, a warrior of love and truth.** The blood of Jesus speaks louder than bloodshed.

"Do not be overcome by evil, but overcome evil with good." **Romans 12:21** 

## **Important SAFETY Note**

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

### **Acknowledgments**

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude **My Mother, Kerry A. Madden** whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino** And **Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

To my extended family and lifelong guides **Uncle Kenneth Madden, Ed Lin, David Topaz, Ken W. Patrick, Bobby Annelo, Waxey, Vinny B., Sambo, George S.** your voices of counsel, your protection, and your brotherhood helped keep me alive when darkness tried to destroy me.

To the churches that gave me sanctuary and truth:

- **Church Experience** <u>churchexperience.tv</u> in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- Grace and Peace Church <a href="https://graceandpeace.org/">https://graceandpeace.org/</a> in Toms River, especially Pastor Bob, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

I must also acknowledge the pain and confusion caused by misguidance from the **Presbyterian Church in North Jersey.** 

But I Thank the **Presbyterian Church of Toms River** <u>pctr.org</u>. Mom's Churches Past and Present. Even there, God revealed truth. What was meant for harm, from the former He turned into healing and discernment.

To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."

Philippians 1:3-5 (NIV)

### Important SAFETY Note

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.