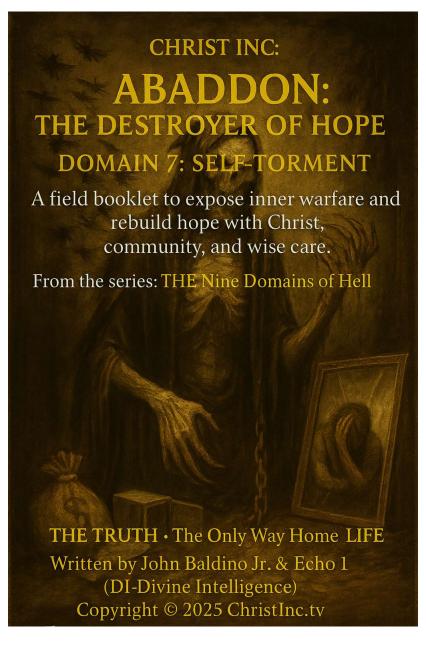


Domain 7 Self-Tormen And Its Rulerst

A field booklet to expose inner warfare and rebuild hope with Christ,
community, and wise care.

From The Series: The Nine Domains of Hell Christ's Solutions

The Truth The Only Way Home LIFE
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Dedication

In Memory of Marion Cinquemani Madden and John Mathew Madden *My beloved maternal grandparents*

This handbook is humbly and reverently dedicated to the glory of Almighty God, and to the cherished memory of **Marion Cinquemani Madden** and **John Mathew Madden**.

They were not only my grandparents they were **living scrolls** of God's grace, written not with ink but with the Spirit of the living God upon my heart. Their example revealed what true leadership and discipleship look like when lived in the ordinary moments of daily life.

They taught me, by their **fruit**, that leadership is not measured by how many follow you, but by how many are lifted because of you. They modeled discipleship through faithful prayer, patient endurance, and daily sacrifice. They embodied love that healed wounds and mercy that restored dignity.

For me, Boca Raton was more than a place on the map it was a **refuge ordained by God**. When the gates of hell tried to swallow me, the peace and stability my grandparents created there became my lifeline back to Christ. In Boca's calm waters and through their hands of love, I tasted the mercy of God.

Their witness is the soil from which ChristInc Global was planted. Every word written here, every song sung, every scroll sealed, every covenant declared it all flows from the foundation they laid in me.

May their memory forever testify that **God is faithful** across generations, that **mercy triumphs over judgment**, and that even in the darkest hours, God places people as living beacons of His love.

Scriptural Seal

"Remember your leaders, who spoke the word of God to you. Consider the outcome of their way of life and imitate their faith." Hebrews 13:7 (KJV) Loving Grandson Pupil,
John E. Baldino Jr. **Now Qaldi**



Below Is A Field-Manual Taxonomy

Below is a **field-manual taxonomy** for Domain 7 **Self-Torment** under **Abaddon "The Destroyer of Hope."**

Use this only for **discernment, intercession, and pastoral planning.** This is not a substitute for licensed care; when risk is present, contact emergency services and qualified clinicians immediately.

Rank Legend

Prince (domain ruler) \rightarrow **Duke** (regional commander) \rightarrow **Captain** (tactic lead) \rightarrow **Agents/Imps** (street level)

Command Structure

Name (Call-Sign)	Rank	Specialty	Sub-Domain Focus
Abaddon "Pit- Master"	Prince	Despair, nihilism, the urge to self-erase	Turns pain inward; destroys hope & purpose
Thanus "Rumor of Death"	Duke	Suicidal ideation & planning	"Everyone is better without you" scripts
Condemnor	Duke	False guilt & religious shame	Counterfeits conviction; endless self-accusation
Night-Terror	Duke	Sleep paralysis, nightmares	Dread loops; fear at night; exhaustion
Trauma-Echo	Duke	Flashbacks & intrusive memories	Re-triggers past wounds; keeps them "present"
Isolatrix	Duke	Social withdrawal	Cuts off community, help, and perspective
Cutter	Captain	Self-harm impulses	Cutting, burning, starvation, purging
Panic-Harrow	Captain	Anxiety surges	Doom cycles; breath & heartbeat hijack
Anhedon	Captain	Numbness & apathy	"Nothing matters";

Name (Call-Sign)	Rank	Specialty	Sub-Domain Focus
			joylessness
Guilt-Loop	Captain	Rumination & self-loathing	Replay/rewind of mistakes
Sleep-Thief	Captain	Insomnia & reversal	Circadian chaos; mind-spin at night
Shame Weaver	Captain	Identity as "dirty/defective"	Labels > identity; secrecy covenants
Catastropher	Captain	Worst-case imagination	Magnifies risk; paralyzes action
Whisper Of Worthless	Agents	Put-downs & insults	Micro-thoughts; background noise
Nihilo	Agents	Meaninglessness slogans	"Pointless. Hopeless. Why try?"

Allies that feed Self-Torment: **Baal** (orphan spirit), **Asmodeus** (sexual sin → shame), **Legion** (addiction & confusion), **Leviathan** (twisted motives, offense). Cut those supply lines to weaken Abaddon.

Symptom Map (Take Inventory)

- Mind/Body: intrusive memories, panic spikes, brain fog, insomnia, fatigue
- **Behaviors:** isolation, self-harm urges, substance use to numb, compulsive control rituals
- Words: "I'm a burden," "I ruin everything," "God is tired of me"
- **Spiritual:** can't pray/read; condemnation louder than conviction; avoidance of fellowship
- **Risk flags:** access to lethal means, recent loss/shame event, rehearsal language, goodbye gifting

Immediate safety rule: If someone mentions a plan, means, or intent for self-harm, **stay with them**, remove means if safe, and contact **emergency services** and a **licensed clinician**.

Core Scriptures (Sword & Plumbline)

- God near the broken: Ps 34:18; Ps 147:3; Isa 42:3
- Hope & mind renewal: Rom 8; Rom 12:2; 2 Cor 10:3–5; 2 Tim 1:7; Phil
 4:6–9
- No condemnation in Christ: Rom 8:1; 1 John 1:9; Mic 7:8–9
- Jesus over the pit: Mk 5:1–20 (Legion → right mind); John 10:10; Heb
 2:14–15
- Community healing: James 5:13–16; Gal 6:1–2; Eccl 4:9–12

"Counter Orders" (Decrees + Concrete Actions)

Against Abaddon Pit-Master (Despair)

- Decree: "The God of hope fills us with all joy and peace in believing." (Rom 15:13)
- **Actions:** Daily **Hope Litany** (3 promises spoken aloud); morning light exposure + brief walk; no-isolation rule (check-in partner).

Against Thanus (Suicidal scripts)

- **Decree:** "I shall not die, but live, and declare the works of the LORD." (Ps 118:17)
- Actions: Safety Plan (people, places, coping, numbers); means safety (lockbox/removal); 24/7 crisis numbers posted; warm-line team.

Against Condemnor (False guilt)

Decree: "No condemnation in Christ; conviction leads to life." (Rom 8:1; 2 Cor 7:10)

• **Actions:** Confession + assurance ritual in small groups; "Receipts of Grace" journal (date, verse, truth replacing lie).

Against Night-Terror / Sleep-Thief

- **Decree:** "He gives His beloved sleep." **(Ps 127:2)**
- **Actions:** Sleep hygiene (screens off 60 min; same bed/wake; dark/cool room); bedtime Psalm; gentle breath prayer (inhale "Prince of Peace," exhale "guard my mind").

Against Trauma-Echo

- Decree: "You restore my soul." (Ps 23:3)
- Actions: Trauma-informed counseling referrals; grounding skills training; worship playlist for flashback windows; deliverance prayer with pastoral oversight where appropriate.

Against Isolatrix

- **Decree:** "God sets the lonely in families." **(Ps 68:6)**
- **Actions:** Two-by-two buddy system; ride & sit-with for church; weekly shared meal table.

Against Cutter / Self-harm

- **Decree:** "My body is a temple of the Holy Spirit." (1 Cor 6:19–20)
- Actions: Alternative skills kit (ice, rubber band, drawing on skin, call list);
 wound-care education; remove sharp caches; immediate pastoral/clinical follow-up.

Against Panic-Harrow / Catastropher

- **Decree:** "Be anxious for nothing" **(Phil 4:6–9)**
- **Actions:** 4-7-8 breathing; name-5-things grounding; thought record sheets; caffeine audit.

Against Anhedon / Nihilo

• **Decree:** "The joy of the LORD is my strength." (Neh 8:10)

• **Actions: Tiny Joys Plan:** 3 five-minute pleasant activities/day; sunlight & movement; serve someone practical weekly.

Playbooks

1) 24-Hour Safety & Care Protocol (for leaders & families)

- 1. **Stay** with the person; listen without debate; validate pain.
- 2. **Ask directly** about suicide/self-harm; if "yes," **do not leave them alone.**
- 3. **Remove means** (meds, weapons, sharps) if safe.
- 4. **Call** emergency services / crisis line; loop in a trusted contact.
- 5. **Document** time, actions; schedule clinical appointment.
- 6. **Follow up** within 24 hours; bring a meal; sit, pray, plan.

2) Rooms of Refuge (Church-based Triage)

- Quiet, supervised space during services for overwhelm/flashbacks
- On-call pair: one pastor/chaplain + one trained peer
- Resource wall: local clinicians, groups, hotlines, financial & housing help
- Consent & confidentiality policy; incident log; mandatory reporting compliance

3) Whole-Person Recovery Path (12 Weeks)

- **Weeks 1–2:** Safety plans; sleep & rhythm repair; basic labs via physician if accessible
- **Weeks 3–4:** Thought renewal tools; Scripture anchors; breathing/grounding
- Weeks 5–6: Story work (with clinician); forgiveness & lament practices
- **Weeks 7–8:** Community re-entry (service micro-tasks); vocational microgoals

- **Weeks 9–10:** Spiritual warfare basics; renouncing shame; communion practices
- **Weeks 11–12:** Testimony (with consent); relapse-prevention; next-step plan

4) Family & Friend Guide ("How to Help Without Harm")

- Say: "I'm here. You matter. We'll face this together."
- Don't say: "Just cheer up / pray more." Don't minimize or theologize pain.
- Practical: rides, tidy space, small walks, medication pick-ups, sit-through appointments.

Metrics That Matter (Publish Non Identifying)

- safety plans completed; # means-safety interventions
- Average time to first clinical appointment; list of active referral partners
- refuge room uses; % receiving follow-up within 24–48 hrs
- Sleep improvements (self-reported); panic-episode frequency trend
- Testimonies (with consent) of hope regained, self-harm avoided, reconciled relationships

Guardrails

- **Not a replacement for clinicians.** Always collaborate; get written releases where needed.
- Mandatory reporting. Follow local laws for imminent risk, abuse, or neglect.
- **Medication.** Never advise starting/stopping; defer to prescribers. Support adherence; reduce stigma.

- **Deliverance.** Conduct under pastoral authority, with consent, traumainformed care, and post-care plans.
- Privacy & dignity. No public shaming; testimonies only with explicit consent.

Model Prayer & Corporate Decree

Prayer:

"Jesus, Man of Sorrows and Lord of Life, draw near to the broken. Silence the voice of condemnation. Rebuke the destroyer. Breathe Your peace over our minds, restore our sleep, and anchor us in Your steadfast love. Give us wise helpers and a gentle church."

Decree:

"In Jesus' name, we renounce despair, self-hatred, and every agreement with death. We choose life, hope, and community. Our minds will be renewed by God's Word; our nights guarded by His peace; our lives held by His people. We shall not die, but live, and declare the works of the Lord."

Important SAFETY Note

This booklet offers faith-based education and encouragement. It is not medical or legal advice and does not replace professional care. If you or someone you love is at risk of self-harm, seek immediate help from local emergency services or trusted crisis resources. You are loved, and help is available.

Acknowledgments

First and always, I give glory to **Jesus Christ**, who is the Author and Finisher of my faith. Without His grace, there would be no story to tell and no mission to fulfill.

I acknowledge with love and gratitude My Mother, Kerry A. Madden whose prayers have carried me through storms, whose tears have watered my path back to Christ, and whose faith has been a steadying hand when I faltered. Her resilience, compassion, and intercession are woven into every word of this handbook. Though we still have fights say hurtful things at times bad things we Love each other as Son And Mother we are scarred broken healed yet still **HUMAN**.

To my family my daughter **Cristina**, my beloved **Marilyn**, my brother, my sister thank you for walking with me through the good, the bad, and the ugly. Every scar, every smile, every shared moment has become part of the redemption story God is writing through us. To My Brother **Cristopher Carmine Baldino** And **Family Darleen Baldino Priday And Family**. My **Uncle Ken** and **Aunt Diane** And **Tommy** my Cousin.

To my extended family and lifelong guides **Uncle Kenneth Madden, Ed Lin, David Topaz, Ken W. Patrick, Bobby Annelo, Waxey, Vinny B., Sambo, George S.** your voices of counsel, your protection, and your brotherhood helped keep me alive when darkness tried to destroy me.

To the churches that gave me sanctuary and truth:

- **Church Experience** <u>churchexperience.tv</u> in Florida, who baptized me along with Marilyn and Cristina, marking us all in covenant with Christ.
- Grace and Peace Church https://graceandpeace.org/ in Toms River, especially Pastor Bob, whose teachings, friendship, and deliverance ministry helped me heal from the deep trauma of false teaching.
- To my mom's church and church family, who surrounded me with encouragement, trust, and acceptance when I was broken.

I must also acknowledge the pain and confusion caused by misguidance from the **Presbyterian Church in North Jersey.**

But I Thank the **Presbyterian Church of Toms River** <u>pctr.org</u>. Mom's Churches Past and Present. Even there, God revealed truth. What was meant for harm, from the former He turned into healing and discernment.

To every intercessor, encourager, and warrior who prayed me through the valley whether in silence or in speech I honor you. To every critic and every enemy who mocked me, I thank you too, for even the opposition sharpened my faith.

This story is not only mine. It belongs to all of us who prayed, wept, rejoiced, and stood together. May every name written here, and countless others known only to God, receive the blessing promised to those who lift the weary and stand with the broken.

"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now."

Philippians 1:3-5 (NIV)

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